



St. Paul's Epistle

St. Paul's United Methodist Church – Tucson, Arizona

IT'S STILL NEWS!

Beginning February 13, 2011 we will spend four weeks in worship exploring the possibility of creating **“Complaint Free Relationships.”** Can you imagine such a thing?

Some will protest that this is not possible because the other one is not doing their part. Some will cry out that it stifles their ability to negotiate. Well let's be clear; constant complaining kills relationships! If required to choose, 14% of Americans surveyed would choose their pet over their spouse! Why? Because an unconditionally eager greeting is far more welcome than a litany of what we have done poorly or probably will leave undone.

To live complaint free means that we will:

- **Tell the truth in love**
- **Set aside blaming**
- **Take responsibility for ourselves**

I hear Paul speaking to the church in Rome and saying, **“As far as it depends on you, live at peace with everyone.”** I intend to take up a renewed commitment to live this way.

“We are called to be a community of generosity and love where we invite others to join us in becoming disciples of Jesus

Christ for the good of the world.”

Called...for the good of the world!

Billy Still

OPERATION HOSPITALITY NEEDS YOUR HELP

As always we are in need of folks to prepare dinner, breakfast, make sack lunches, set up, take down and men to drive the vans and stay overnight. Please contact Linda Jones at bamajones6@netzero.com or 721-4147 and she will help you schedule a time to help.

February Dates: 5, 6, 12 & 19

SUPPORTING YOUTH MINISTRIES

If you or your group would like an opportunity to support youth ministries, there are several open afternoons for providing a simple lunch for UMYF. Please contact Peggy Jo at (520)870-6825 (call/text) for more information. Thank you!

YOGA TO BEGIN AGAIN AT ST. PAUL'S

Stretch your body. Calm your mind. Improve your sense of well-being. March is the best time to try out a yoga session. Jacquelyn Rafferty, a Yoga-Alliance registered instructor, is offering a 3-week session for beginners (Tuesdays) and continuing students (Wednesdays). Bring your yoga mat, a friend and a fun

attitude. Cost is \$30 for 3 classes. Please contact Angie McCarty

at amccarty@qwestoffice.net for information.

Tuesday evenings- 6pm, A-Frame, March 1, 8, 29.

Wednesday evenings- 6pm, A-Frame, March 2, 9, 30.

Wednesday mornings- Life Center, 9:30 am, March 2, 9, 30.

ZUMBA and T'AI CHI CLASSES

Zumba classes meet Tuesday (Brummet Hall) and Thursday (Brummet Hall) at 5:45 PM and Saturday morning (Brummet Hall) at 8:30 AM T'ai Chi classes meet Thursday (A-Frame) at 4:00 PM for beginner level participants. For Beginning participants unable to attend the 4:00 PM class, Beginning participants/Intermediate level group meets at 5:30 PM. Both Zumba and T'ai Chi are continuously open for enrollment. If interested, or need more information contact Rick Hornback at 909-9564 or rgandjb@aol.com.

GRIEF COUNSELING

If you have experienced the death of a loved one, or any other grief producing event and would like to become involved in a grief counseling group, please call the office at 296-6149, or see Jim Moffett.

THE CHURCH OFFICE will be closed all day on Monday, February 21 for Presidents' Day.

2011 FLOWER CALENDAR

If you would like to have flowers on the altar for a special occasion or in remembrance of someone, please sign-up on the flower calendar located in the Narthex. The cost is \$27.00 per bouquet.

THE WORLD OF THE UNITED METHODIST CHURCH

BOLD FAITH BUILDS HOPE- Members of the Baltimore-Washington Conference recently experienced such a response when they donated half a million dollars to the Imagine No Malaria campaign and gave \$10,000, along with their efforts, to build a dormitory for orphan girls in Zimbabwe. "Every 45 seconds a child in Africa dies of malaria. Malaria claims more than a million lives a year and consumes 40 percent of Africa's public health funds. With the Nothing but Nets campaign we started a movement; this new 'nets-plus' approach, which systemically addresses the epidemic, could change millions of lives for generations to come," Bishop John Schol said.

SIMPLY CHRISTIAN CLASS

What is the core of Christian faith? What have most Christians in most places and times believed? Is Christian faith reasonable for modern people? Join the well-known biblical scholar and Anglican bishop, N. T. Wright in an exploration of these and other vital issues. In this video based class, N. T. Wright

offers a fresh presentation of the timeless truths of Christianity, making the case that faith is reasonable and rewarding for us today. In this course, Wright expands on the themes of his acclaimed book *Simply Christian: Why Christianity Makes Sense*. Led by Rev. Hal Cowart, this class will begin on Wednesday, March 2nd and continue for 10 weeks until May 4th. This small group will meet in the Life Center Covenant Room from 5:30-7:00 PM. Childcare is available. Cost for class materials : \$10/participant. Scholarships are available. Please indicate your attendance to Angie McCarty at 296-6149 or amccarty@qwestoffice.net so we can make preparations to more effectively receive you on the first night of class.

THE BASICS OF THE OLD TESTAMENT CLASS

Are you wondering how the Old Testament in our current form came into being? How does it connect with the New Testament story? Do you feel like you lack the Bible knowledge necessary to even know what questions to ask? This Bible study is for you! Join Angie McCarty and others as we journey through the Old Testament together from the very basics of our faith. Using the text "The Bible from Scratch: The Old Testament for Beginners" this group will meet on Sunday nights from 5:30-7:00 PM at the Sierra Morado Clubhouse (Houghton & Drexel area). Class begins on February 27th and concludes on April 17th. Childcare is available. Cost for class materials: \$10/participant. Scholarships

are available. Please indicate your attendance to Angie McCarty at 296-6149 or amccarty@qwestoffice.net so we can make preparations to more effectively receive you on the first night of class.

JOIN US IN THE OLD PUEBLO ENDURANCE RUN!

For several years, St. Paul's has staffed the best aid station at the Old Pueblo 50 mile endurance run in Sonoita. St. Paul's has gained quite a reputation of hospitality in the ultra running community because of this aid station. Our aid station helps runners at miles 7 and 29 with mile 29 being one of the most grueling points in the race. Would you like to offer food and water to a group of runners desperately in need? Race day is **March 5**. The aid station runs from **7 AM – 3 PM**. Full and partial shifts are available. Contact Angie at 296-6149 or amccarty@qwestoffice.net to sign up!

YOUTH RUMMAGE SALE

Are you ready? Here it is! The big youth fund raiser of the year AND our goal this year is \$7,000! This summer will be a busy, rare opportunity for youth to experience mission opportunities and a leadership conference at Purdue University in Indiana. Fundraising will be imperative to make this happen. We are accepting your generous rummage sale donations NOW – bring your "treasures" on Sunday and leave at the youth table OR arrange for a drop off in one of the storage containers located in the parsonage driveway behind the Life Center. Thank you

CoolBox for the generous donation of the one storage container! Call/Text Peggy Jo at (520) 870- 6825 to schedule a donation, pick up or with any questions. Thank you for your generous support.

SEEKING SUNDAY VAN DRIVER VOLUNTEERS

Did you know that every week, one or more people call St. Paul's and indicate that they would like to attend our church – but they have no way to get here? If our church could identify a couple of members willing to drive a van to bring people to the 11:00 AM service on Sundays, we could meet the needs of most of these callers. Just one driver, and one van for one service each Sunday could be a blessing in someone's life. If you can help, call Jim Moffett at 296-6149 or 954-2884.

THANKS ...to pastor Hal, the members of the prayer chain, and each individual member or attendee of St. Paul's for uplifting me in your prayers during the weeks leading up to my recent surgery. The operation was a complete success, and I feel certain that the positive outcome is the result of all your prayers. However, a report from pathology indicates a need for further treatments involving chemotherapy, so I continue to covet your continued prayers on my behalf. Thank you so very much! **-Jack Robinson**

...for the donation that you have given. It is greatly appreciated! **-Christopher Breaux– Humanitarian Assistance Yard– Kandahar, Afghanistan**

...to all of you for your prayers, positive thoughts, cards, phone calls, visits and flowers during my recent recovery. I felt all of your love and it has helped me to continue to improve. **-Carolyn Jackson**

...so much for the flowers!
– Doris Behling

OUR SYMPATHY...

...to the family of **Richard Everett** for his death on January 1.

...to the family of **Alberta Allen** for her death on January 18. There will be a memorial service for her on Saturday, February 5 at 1 PM.

...to **Betty Ott** and her family on the recent passing of her daughter.

WELCOME NEW MEMBERS!

On January 9, **Wesley & Susan Mallory** joined by Transfer From Another U.M.C. Wesley is retired from working in law enforcement, and is a Fire Arms Specialist. Susan is a retired Registered Nurse. She is a professional clown and she also enjoys crafts and scrapbooking.

SUMMER CAMP!

It's not too early to start planning for camp this summer. Contact Peggy Jo if you would like to be a counselor, donate craft items, drive the van, or financially support camping ministry. Call/Text (520) 870-6825 or email spumcyouth@qwestoffice.net .

2011 CALENDARS, CARDS, NOTEPADS

The **2011** inspirational calendars (\$6), cards (\$6) and notepads (\$2) are for sale!

Purchase one or more on the patio on Sundays or during the week in the Office (C2). Proceeds support **Youth Ministries at St. Paul's**. Thank YOU!

PRESCHOOL REGISTRATION & DONATIONS

Preschool registration for Fall 2011 begins on Tuesday, February 15 from 9:30 AM to 11:30 AM. Tell all your friends– word of mouth is our best way of advertising! Call Sheri at 260-1350 to schedule a tour, request a registration packet, or for more information. ALSO- The Preschool staff welcomes your support of prayers and donations. We are always in need of inexpensive white paper plates, paper towels and 5 oz. Dixie cups for snack time use. Any donations can be left in the church office or stop by the Director's office in the A-Frame and see the fun things we are up to. Thank you so much!

The next Epistle deadline is Tuesday, February 22, at 10:00 AM. It will be mailed on Tuesday, March 1. Please submit articles to David Ragland at David.Ragland@stpaulsu mctucson.net

HEARING ASSISTANCE AVAILABLE

The Sanctuary, Brummet Hall and Covenant Room are now equipped with an oval window audio induction loop assistive listening system. Please switch your hearing aid to "T" (telephone) or request assistance from an usher.

UNITED METHODIST MEN SCHEDULE

Prayer Breakfast: 1st Saturday of every month; rotating between several different churches. Meet in the parking lot of the Life Center at **7:30 AM** to car pool to breakfast.

3rd Friday Knights (Open gym & fellowship): 3rd Friday of every month 7:00—9:00 PM.

Breakfast for the Congregation: 2nd Sunday of every month **9:00 AM - 12:00 noon.**

OFFERING ENVELOPES

We encourage everyone to use numbered offering envelopes. You do not need to pledge to receive envelopes.

Reminder: Taxpayers wanting a tax deduction for charitable gifts must have written proof of all cash contributions - no matter how small. Just contact Linda Kopp at 296-6149 or lkopp@qwestoffice.net - or mark the box on the attendance sheets at worship services if you would like offering envelopes.

WANT TO BECOME A MEMBER OF ST. PAUL'S UMC? Contact David Ragland in the office (296-6149 or David.Ragland@stpaulsumctucson.net) for more information.

FACILITY USE REQUEST FORM

Please help me so I can give you the best quality work concerning scheduling events at St. Paul's by always filling out a Facility Request Form. You can find the form on the

website at <http://www.stpaulsumctucson.org/forms/forms.htm> or in the office. If your event is already on the church schedule and you need to make a change, please email Mike at mike.salvagio@stpaulsumctucson.net. Please do not give me verbal requests. Thank you for your cooperation.

Youth News

ACTIVITIES, PROGRAMS, RETREATS, INFORMATION JUNIOR HIGH SUNDAY SCHOOL

Grades 6 – 8, 11:00 AM – Noon, in the Life Center. This class will study the preteen/teen personal relationship with Jesus Christ. Join us for a deeper look and awesome discussion.

SENIOR HIGH SUNDAY SCHOOL

For grades 9 – 12, 10:30 AM – Noon, in the Life Center. A youth chosen in depth class takes a deeper look into relationships and Christ with their everyday lives. Join us for an awesome discussion.

UMYF – GRADES 6 – 12

Grades 6 – 12, **Sundays 12:30 – 2:30 PM**, in the Life Center. Join **UMYF** for fellowship and fun as we grow closer to Christ. Contact Peggy Jo at Cell/Text (520) 870-6825 or email spumcyouth@qwestoffice.net for more information on Youth activities.

YOUTH IN MISSION - YiM

All youth grades 6 – 12 are encouraged to plan and participate in a monthly mission activity – during the month of February help with citrus harvesting, community clean up and supporting 2 boys in Ghana through Compassion International. If

you would like to donate, volunteer, help remove landscaping debris or help plan for these projects please contact Peggy Jo at (520) 870 6825 (call/text).

REVOLVE – TEEN GIRL RETREAT

Awesome music, real-life stories, drama, and a ton of fun combine for a high-energy, inspirational, encouraging 2-day weekend event for teen girls! Revolve is a retreat designed by the supporters of Women of Faith – Join us for an amazing weekend growing closer to Christ and each other!

Revolve Retreat Weekend is for teen girls and you can even bring your Mom. Tickets Include: Transportation, Lodging, Event Tickets, Parking, and Meals (and fabulous memories).

February 24-26 Only 8 Tickets available for \$150 per person. Contact Peggy Jo to sign up or for more information at (520) 870-6825 (call/text).

UPWARD CONCESSION STAND

All youth grades 6-12 and their parents are encouraged to sign up for the Saturday Upward Concessions Stand. Funds raised at the concession stand support Youth in Mission projects like buying food and Christmas gifts for adopted families at the holidays and for summer mission trips. Contact Peggy Jo at (520) 870-6825 (call/text) to sign up!

GREETINGS FROM THE WESLEY FOUNDATION!

With your support, the Wesley Foundation has been able to continuously ease academic stress by providing an encouraging outlet for

students. This past semester students have had many opportunities to strengthen their faith and create new and lasting friendships through many activities, bible studies and small groups, missions and outreach. The students of the Wesley Foundation want to thank you for all your gracious support and prayers this semester.

THE MENTAL HEALTH SUPPORT GROUP provides a place to share problems, disappointments, and joys. We meet at 1:00 PM on Wednesdays in Room C1. For more information, call Virginia Shuman at 296-9398.

ST. PAUL'S CYCLING GROUP meets **Saturdays at 7:30 AM at the Starbucks on Broadway and Houghton.** Come out for coffee and a bicycle ride (maybe breakfast too)! For more information, contact Chris Ruhl at 205-1225 or chrisruhl@yahoo.com.

UPCOMING HARP SUNDAYS

Would you like to hear music from our harpists in worship? Here's when they'll be with us: March 13, April 10 (Harp Choir), May 8, June 19 (Dr. Carrol McLaughlin will provide the message), July 17 (Harp Choir).

ST. PAUL'S UMC SINGLES
Call Joan at 751-7663

Saturday, February 5—
Dinner at Dry River Company Restaurant (800 N Kolb Rd.) at 5:30 PM & Movie after.

Thursday, February 17—
Dinner at Baggins (6261 E. Broadway at Craycroft) at 6:00 PM.

UNITED METHODIST WOMEN

The United Methodist Women will be meeting on **Tuesday, February 8, 9:30 AM**, in Brummet Hall. Our program will be "Finding Peace" led by the Executive Committee. Soup and bread lunch will be served by Estralita Circle. All women are invited, please join us and bring a friend for Christian fellowship. "Now the fruit of righteousness is sown in peace by those who make peace". James 3:18

SAVVY SENIORS

▶▶ **STRETCHING AND STRENGTHENING CLASS**

We meet on Mondays, Wednesdays, and Fridays at 9:00 AM in the Life Center Activity Room. Our leader is Sam Freeman. A donation of \$1 per class is appreciated. If you have not filled out an emergency card for class, please see Sam. The perimeter of the gym has a walking track so come early and walk – it's safe! New T-Shirts are available for \$11 each. **There will be no class on Monday, February 21 – Presidents' Day.**

▶▶ **SPECIAL LAY CARE WORKSHOP**

On Wednesday, February 16 at 10:30 AM, Rev. Billy Still & Rev. Angie McCarty will talk about some of the primary questions surrounding the event of death. Additionally, they will address questions that are often asked about memorial services and funerals that will help you and your loved ones when it comes time for these questions to be answered. Together, we will sing, read scripture and pray as we consider how to begin with the end in mind. A lunch will be

served after the workshop. Call the church office at 296-6149 to register by Monday, February 14.

▶▶ **ST. PAUL'S WATERCOLOR CLASS**

is held on **Mondays at 10:30 AM** in the A-Frame. Janet Satterfield (290-9316) is the instructor. Beginning painters and those new to drawing are welcome. Classes usually run until 2:30 PM so bring your lunch. A \$1 per class donation is appreciated. **There will be no class on Monday, February 21 – Presidents' Day.**

▶▶ **THE BELLES OF ST. PAUL'S** invite ladies 50 years and older to come and join us for fun and fellowship!

Chapeaux Rojas will be going to the Mini-Time Museum, 4455 E. Camp Lowell at 10:00 AM on Friday, Feb. 18. Lunch will follow at the Bonsai Tree on Swan Road. Call Barbara at 296-9792 by February 16.

Desert Roses will be going to BJ's Restaurant, 5510 E. Broadway (Southeast corner of Broadway and Craycroft), at 11:30 AM on Thursday, February 24. Call Sandy at 298-1470 for your reservation.

Glad Hatters will meet for lunch at The Olive Garden (5410 East Broadway) at 11:30 AM on Friday, February 18. Call Marian at 721-4852

Sassy Sisters will be going to lunch at the Bamboo Club at Park Place at 12 noon on Saturday, February 12. Please contact Loraine at 885-6626.

▶▶ **MORNING AT THE MOVIES**

We will see "Despicable Me" on Monday February 7, at 10:30 AM. (Feb 21 is a holiday.) Do not be fooled, this is a great movie with a wonderful message. (If I told you otherwise, I'd be

despicable!) Admission 25 cents – cheap! popcorn and drinks free – What a deal!

▶▶**ST. PAUL'S HIKING CLUB (open to hikers of all ages)** On Wednesday, February 23, we will hike the Thunderbird Trail in the Tucson Mountains. This is an out and back, 4 mile, easy hike through dramatic mountains and past old mines. However, it is highly recommended that you bring a walking stick as the trail is rocky in places. (If you don't have one, I have several that I can loan out.) We'll leave from Brummet Hall at 8:30 AM. Bring 2 liters of water and \$2 for the van fee. Sign up by calling the church at 296-6149 by Monday, February 21. NOTE: Save Wednesday, March 9 for a special Arizona history tour and hike to Ft. Bowie in the Chiricahua Mountains. (More info later.)

▶▶**SPECIAL SAVVY SENIOR TOUR**-----

On Wednesday, February 9 the Savvy Seniors will be going on a tour to the Mini-Time Machine Museum. We will leave from Brummet Hall promptly at 9:10 AM.

Admission is \$5.00. (This is a special rate for us!) Please bring the correct amount in cash along with an extra dollar to cover the van fee. After the tour, we will have lunch at BaDar (Chinese) at 7321 E. Broadway.

▶▶**BIBLE STUDY** The Bible Study Class meets Monday mornings in the Covenant Room at 10:30 AM. Lee Harter leads the class.

▶▶**FRIENDLY VISITORS** We still need volunteers for this important ministry. If you are interested in training to become a Friendly Visitor, please call Jim Moffett at 296-6149.

▶▶**TELECARE MINISTRY IMPORTANT-** We need a few volunteers to serve as callers for our Telecare Ministry. This is an easy way to provide discipleship and serve members of St. Paul's community who cannot always make it to the church. Contact Jennie Dodd at 751-3749 for more information.

CELEBRATE RECOVERY— TUESDAYS 6:30 PM

New Celebrate Recovery Groups include:

- **Women's Step Study**
- **Spiritual Secrets to Weight Loss**
- **Men's 12- Step Study group**

As with all Celebrate Recovery groups and worship services, everyone is welcome. You do not have to be recovering from alcohol or drugs to attend. Everyone can benefit from working the 12-steps and attending the worship services. All activities are conducted on Tuesday evenings beginning with worship at 6:30 PM.

USHERS NEEDED

Dan Tremblay is looking for additions to the Sunday Morning Usher Crew. Please contact Dan at daniel.tremblay@cox.net.
