



# St. Paul's Epistle

St. Paul's United Methodist Church – Tucson, Arizona

## IT'S STILL NEWS!

**“For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.” 1<sup>st</sup> Corinthians 1:17**

The cross is the word God provides concerning life. It is not just giving a life; it is more than a sacrifice. While giving a life is extraordinary, many heroes/heroines have given their lives for others. In the cross God gives fully, creating resurrection and life out of weakness and death. In the cross, we are invited to give fully out of our poverty as God transforms our poverty to radical abundance, turning death into life.

During the Lenten season, we will consider these scriptural messages and how they can lead us to a new understanding of the meaning of the cross.

- **I know what it is to have enough.**
- **Have faith in God.**
- **Whenever you stand praying, forgive.**
- **Love the Lord your God with all your heart, soul, mind and strength and love your neighbor as yourself.**
- **Give out of your poverty.**

**“We are called to be a community of generosity and love where we invite others to join us in becoming disciples of Jesus Christ for the good of the world.”**

Called...for the good of the world!

### **Billy Still**

#### **IN CASE YOU ARE WONDERING**

For the next few weeks you may ask yourself, “Where is Angie? We really miss her smiling face in worship!” Angie is taking a month of renewal leave. Renewal leave is a time of directed reflection that is available to United Methodist Clergy for one month once every four years. Angie will be back in worship on March 13. We are grateful that she can take this time to be away and seek the continued renewal of her beautiful spirit.

#### **YOGA TO BEGIN AGAIN AT ST. PAUL'S**

Stretch your body. Calm your mind. Improve your sense of well-being. March is the best time to try out a yoga session. Jacquelyn Rafferty, a Yoga-Alliance registered instructor, is offering a 3-week session for beginners (Tuesdays) and continuing students (Wednesdays). Bring your yoga mat, a friend and a fun

attitude. Cost is \$30 for 3 classes. Please contact the church office at 296-6149 for information.

Tuesday evenings- 6 PM, A-Frame, March 8, 29.

Wednesday evenings- 6 PM, A-Frame, March 2, 9, 30.

Wednesday mornings- Life Center, 9:30 AM, March 2, 9, 30.

### **ZUMBA and T'AI CHI CLASSES**

Zumba classes meet Tuesday (Brummet Hall) and Thursday (Brummet Hall) at 5:45 PM and Saturday morning (Brummet Hall) at 8:30 AM. T'ai Chi classes meet Thursday (A-Frame) at 4:00 PM for beginner level participants. For Beginning participants unable to attend the 4:00 PM class, Beginning participants/Intermediate level group meets at 5:30 PM. Both Zumba and T'ai Chi are continuously open for enrollment. If interested, or need more information contact Rick Hornback at 909-9564 or [rgandjb@aol.com](mailto:rgandjb@aol.com).

### **GRIEF COUNSELING GROUP**

If you have experienced the death of a loved one, or any other grief producing event and would like to become involved in a grief counseling group, please call the office at 296-6149, or see Jim Moffett.

## 2011 FLOWER CALENDAR

If you would like to have flowers on the altar for a special occasion or in remembrance of someone, please sign-up on the flower calendar located in the Narthex. The cost is \$27.00 per bouquet.

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## ASH WEDNESDAY SERVICES MARCH 9th

Join us for Ash Wednesday services at **noon and 5:30 PM** on March 9.

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## SPRING FOOD BOXES

For the first time, we are going to offer food boxes to the families of Schumaker, Robles and our church families who might need the extra food over the Spring Break from school. You will not be given a certain family like we do at the holidays. I will have a sign up table on the patio on Sunday, March 20 for all of you who want to sign up to provide a food box for a family. I will also have a list of food that we would like to see in the box. Your food box will need to be at church on **Sunday, April 10<sup>th</sup> before noon** and we will deliver on the 11<sup>th</sup>. Ideas for the food box include meat of some kind (chicken, beef, ham), 5# of potatoes, fresh fruit, cereal, soup, mac and cheese, peanut butter and jelly, rice, beans, etc etc. Also, please let me know if you know of a church family that could use a food box. For questions or if want to sign up early, please contact Genita at 296-7960 or [mgsalv@comcast.net](mailto:mgsalv@comcast.net).

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## SIMPLY CHRISTIAN CLASS

What is the core of Christian faith? What have most Christians in most places and times believed? Is Christian faith reasonable for modern people? Join the well-known biblical scholar and Anglican bishop, N. T. Wright in an exploration of these and other vital issues. In this video based class, N. T. Wright offers a fresh presentation of the timeless truths of Christianity, making the case that faith is reasonable and rewarding for us today. In this course, Wright expands on the themes of his acclaimed book *Simply Christian: Why Christianity Makes Sense*. Led by Rev. Hal Cowart, this class will begin on Wednesday, March 2<sup>nd</sup> and continue for 10 weeks until May 4<sup>th</sup>. This small group will meet in the Life Center Covenant Room from 5:30-7:00 PM. Childcare is available. Cost for class materials : \$10/participant. Scholarships are available. Please indicate your attendance to the church office at 296-6149 or [spumc@qwestoffice.net](mailto:spumc@qwestoffice.net) so we can make preparations to more effectively receive you on the first night of class.

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## THE BASICS OF THE OLD TESTAMENT CLASS- Note the date change

Are you wondering how the Old Testament in our current form came into being? How does it connect with the New Testament story? Do you feel like you lack the Bible knowledge necessary to even know what questions to ask? This Bible study is for you! Join Angie McCarty and others

as we journey through the Old Testament together from the very basics of our faith. Using the text "The Bible from Scratch: The Old Testament for Beginners" this group will meet on Sunday nights from 5:30-7:00 PM at the Sierra Morado Clubhouse (Houghton & Drexel area). **Class begins on March 13th and concludes on April 17<sup>th</sup>**. Childcare is available. Cost for class materials: \$10/participant. Scholarships are available. Please indicate your attendance to the church office at 296-6149 or [spumc@qwestoffice.net](mailto:spumc@qwestoffice.net) so we can make preparations to more effectively receive you on the first night of class.

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## JOIN US IN THE OLD PUEBLO ENDURANCE RUN!

For several years, St. Paul's has staffed the best aid station at the Old Pueblo 50 mile endurance run in Sonoita. St. Paul's has gained quite a reputation of hospitality in the ultra running community because of this aid station. Our aid station helps runners at miles 7 and 29 with mile 29 being one of the most grueling points in the race. Would you like to offer food and water to a group of runners desperately in need? Race day is **March 5**. The aid station runs from **7 AM – 3 PM**. Full and partial shifts are available. Contact the church office at 296-6149 or [spumc@qwestoffice.net](mailto:spumc@qwestoffice.net) to sign up!

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**YOUTH RUMMAGE SALE-  
MARCH 12, 7:30 AM -  
2:00 PM**

**Are you excited? Want to see all the treasures now?** Then we have just the event for you! Sneak Peak Passes available for a \$5 donation – The Sneak Peak Event will be held Friday March 11<sup>th</sup> Noon – 2PM **OR** 4PM – 7PM Don't miss out on this spectacular fundraising event! Our goal this year is to raise \$7,000 for Summer Mission Trips, Camp, Youth Retreats and the Youth Ministry Budget! Your generous rummage sale donations will be accepted through **Thursday March 10<sup>th</sup>**, however we **appreciate** early treasure donations – bring your “treasures” to Brummett Hall between 9 AM and 2 PM **OR** 4 PM and 7 PM. Call/Text Peggy Jo at (520) 870-6825 to schedule a donation, pick up or with any questions. Thank you for your generous support!

**SEEKING SUNDAY VAN  
DRIVER  
VOLUNTEERS.....**

Did you know that every week, one or more people call St. Paul's and indicate that they would like to attend our church – but they have no way to get here? If our church could identify a couple of members willing to drive a van to bring people to the 11:00 AM service on Sundays, we could meet the needs of most of these callers. Just one driver, and one van for one service each Sunday could be a blessing in someone's life. If you can help, call Jim Moffett at 296-6149 or 954-2884.

*Youth News*

**ACTIVITIES, PROGRAMS  
& RETREATS  
INFORMATION**

**JUNIOR HIGH SUNDAY  
SCHOOL**

Grades 6 – 8, 11:00 AM – Noon, in the Life Center. This class will study the preteen/teen personal relationship with Jesus Christ. Join us for a deeper look and awesome discussion.

**SENIOR HIGH SUNDAY  
SCHOOL**

For grades 9 – 12, 10:30 AM – Noon, in the Life Center. A youth chosen in depth class takes a deeper look into relationships and Christ with their everyday lives. Join us for an awesome discussion.

**UMYF - GRADES 6 - 12**

Grades 6 – 12, **Sundays 12:30 – 2:30 PM**, in the Life Center. Join **UMYF** for fellowship and fun as we grow closer to Christ. Contact Peggy Jo at Cell/Text (520) 870-6825 or email [spumcyouth@qwestoffice.net](mailto:spumcyouth@qwestoffice.net) for more information on Youth activities.

**YOUTH IN MISSION -  
YiM**

All youth grades 6 – 12 are encouraged to plan and participate in a monthly mission activity – during the month of February help with citrus harvesting, community clean up and supporting 2 boys in Ghana through Compassion International. If you would like to donate, volunteer, help remove landscaping debris or help plan for these projects please contact Peggy Jo at (520) 870

6825 (call/text).

**ANNUAL YOUTH SPORTS  
TOURNAMENT**

Sunday, March 20<sup>th</sup> For grades 9 – 12 - Basketball – Volleyball – Surprise Event too - Contact Peggy Jo for more information! Cell/Text (520) 870-6825 or [spumcyouth@qwestoffice.net](mailto:spumcyouth@qwestoffice.net).

**YOUTH 11 - JULY 2011**

Youth 2011 is the national youth gathering for the United Methodist Church. It is an event that only happens every four years and is the largest single gathering of UMC youth in existence. This four day conference is sure to be a life-changing event with Passionate Worship Experiences, Concerts, Bible Study, Small Groups, Workshops and Trainings, Interactive Exhibits, Late-night Fun & Games, and more! Youth 2011 will be focused on what unites our denomination: the Gospel of Jesus Christ. Find out more at <http://www.youth2011.org>. To help reduce the cost of this trip, donated **airline miles** will be graciously accepted. **Financial Donations are gratefully accepted and appreciated too!**

**THANKS**...to all of you who brought meals, visited, called, and sent cards and beautiful flowers. Your outpouring of support for both Wayne and I is heartwarming and appreciated! **-Phyllis & Wayne Nelson**

...Words just cannot express my appreciation for all the prayers, cards, calls, and gifts I have received at the loss of my daughter, Faith. You have

truly blessed me with your gifts of love! -**Betty Ott**

...Thank you very much for your prayers, concerns, and cards. -**Paul & Connie Ludwig**

...I am beyond grateful for the cards I received and the prayers that were offered for my recent surgery. A special thanks to Shelia Sanford and JoAnn Howard for staying with my family during the surgery. -**Barbara Baitzer**

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## SAVVY SENIORS

### ▶▶ STRETCHING AND STRENGTHENING CLASS

We meet on Mondays, Wednesdays, and Fridays at 9:00 AM in the Life Center Activity Room. Our leader is Sam Freeman. A donation of \$1 per class is appreciated. If you have not filled out an emergency card for class, please see Sam. The perimeter of the gym has a walking track so come early and walk – it's safe! New T-Shirts are available for \$11 each.

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### ▶▶ SPECIAL ST. PATRICK'S DAY CELEBRATION!

Thursday, March 17, 11:30 AM – 1:30 PM in Brummet Hall. Entertainment will be provided by the Rincon Country Gentlemen! A delicious luncheon will be served with vegetarian options. Come and join us for a fun afternoon with great music, food and friends. The registration deadline is Monday, March 14. Cost is \$6 per person. Registration forms are available in the church office, in exercise class, and on the patio on Sunday

mornings. For additional information, call Sandy at 298-1470.

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▶▶ **ST. PAUL'S WATERCOLOR CLASS** is held on **Mondays at 10:30 AM** in the A-Frame. Janet Satterfield (290-9316) is the instructor. Beginning painters and those new to drawing are welcome. Classes usually run until 2:30 PM so bring your lunch. A \$1 per class donation is appreciated.

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▶▶ **THE BELLES OF ST. PAUL'S** invite ladies 50 years and older to come and join us for fun and fellowship!

**Chapeaux Rojas** will be going to BJ's Restaurant, 5510 E. Broadway (southeast corner of Broadway and Craycroft), on Friday, March 18 at 1:00 PM. Call Barbara at 296-9792 by March 16.

**Desert Roses** will meet for the St. Patrick's Day Luncheon and Concert by the Rincon Country Gentlemen at St. Paul's Brummet Hall at 11:30 AM on Thursday, March 17. Reservation forms are available in the church office during the week and on the church patio on Sunday mornings. Contact Sandy at 298-1470 for more information.

**Glad Hatters** will meet for the St. Patrick's Day Luncheon and Concert by the Rincon Country Gentlemen at St. Paul's Brummet Hall at 11:30 AM on Thursday, March 17. Reservation forms are available in the church office during the week and on the church patio on Sunday mornings. Contact Betty Ott at 886-2276 for more information. **Sassy Sisters** will be going to lunch at the home of Georgia Howell on Saturday, March 12

at 12:00 noon. Contact Loraine at 885-6626

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### MORNING AT THE

**MOVIES** We will see "Secretariat" on Monday, March 21, in the Covenant Room at 10:30 AM. This is a story of great faith, a courageous woman, great risk and a great horse. Admission 25 cents.

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### ▶▶ SPECIAL SAVVY

**SENIOR TOUR AND HIKE TO HISTORIC FT. BOWIE IN APACHE PASS** on

**Wednesday, March 23.** The tour will include history talks and a 3.8 round trip easy hike into Ft. Bowie. (1/4 mile up-hill on the way out) Apache Pass is one of the most historic locations in Arizona. Register by calling the church office at 296-6149 by Monday, March 21. We will leave Brummet Hall promptly at 8:00 AM. It is 130 miles to the trail head - approximately 2 1/2 hours (there will be rest stops as needed.). Bring 3 liters of water, and snack foods. We'll eat a late lunch in Willcox on the way home – bring money. (Van Fee: \$7.00) Fort Bowie is well over 4,000 feet in elevation so dress in layers. LIMIT 10 PEOPLE. We will return to the church around 6:00 PM.

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▶▶ **BIBLE STUDY** The Bible Study Class meets Monday mornings in the Covenant Room at 10:30 AM. Lee Harter leads the class

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### ▶▶ FRIENDLY VISITORS

We still need volunteers for this important ministry. If you are interested in training to become a Friendly Visitor, please call Jim at 296-6149....

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## TELECARE MINISTRY

**IMPORTANT-** We need a few volunteers to serve as callers for our Telecare Ministry. This is an easy way to provide discipleship and serve members of St. Paul's community who cannot always make it to the church. Contact Jennie Dodd at 751-3749.

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### OUR SYMPATHY...

...to Barbara & Bruce McDermaid for the passing of Barbara's mother, **Elouise Allen**, on February 10.

...to Rev. Hal Cowart for his sister's passing.

...to Sherrill Warrick for the passing of her brother, Robert.

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### CAMP THIS SUMMER

It's not too early to start planning for camp this summer. Contact Peggy Jo if you would like to be a counselor, donate craft items, drive the van, or financially support camping ministry. Call/Text (520) 870-6825 or email

[spumcyouth@qwestoffice.net](mailto:spumcyouth@qwestoffice.net)

**Important Note:** The deadline for early registration discounts for all camps is May 14, 2011! All fees increase by \$25 after that date.

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### PRESCHOOL REGISTRATION & SCHOLARSHIP FUND

Preschool registration for Fall 2011 is ongoing! Call Sheri at 260-1350 to schedule a tour or for more information. Also, the preschool is establishing a scholarship fund to assist families who, without

assistance, could not send their child to preschool. Tax-deductible donations can be left in the preschool mailbox in the church office, or mailed to the preschool. Thank you for the books, plates, and paper towels we have received!

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### UNITED METHODIST MEN SCHEDULE

**3rd Friday Knights (Open gym & fellowship): 3rd Friday of every month 7:00—9:00 PM.**

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### OFFERING ENVELOPES

We encourage everyone to use numbered offering envelopes. You do not need to pledge to receive envelopes.

**Reminder: Taxpayers wanting a tax deduction for charitable gifts must have written proof of all cash contributions - no matter how small.** Just contact Linda Kopp at 296-6149 or [lkopp@qwestoffice.net](mailto:lkopp@qwestoffice.net) - or mark the box on the attendance sheets at worship services if you would like offering envelopes.

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### WANT TO BECOME A MEMBER OF ST. PAUL'S UMC?

Contact the church office at 296-6149 for more information.

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### FACILITY USE REQUEST FORM

Please help me so I can give you the best quality work concerning scheduling events at St. Paul's by always filling out a Facility Request Form. You can find the form on the website at <http://www.stpaulsumctucson.org/forms/forms.htm> or in the

office. If your event is already on the church schedule and you need to make a change, please email Mike at [mike\\_salvagio@stpaulsumctucson.net](mailto:mike_salvagio@stpaulsumctucson.net). Please do not give me verbal requests. Thank you for your cooperation.

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### HAVE YOU EVER WONDERED ABOUT THE 12 - STEPS?

Did you know that they are based on the Beatitudes? A new 12 - Step class for women is beginning on Tuesday nights at 7:30 PM. This is where the real healing takes place. Study of the 12 - Steps will help anyone! **Call the office to register at 296-6149.**

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### CHURCH IN THE PARK- SUNDAY, MAY 1!

We will combine the 9:30 AM and 11:00 AM services for an outdoor event at Jesse Owens Park on Sarnoff! In addition to a fun worship service at 10:30 AM with music led by the Breakaway band, there will be food, fun, and fellowship! A BBQ with hot dogs and burgers (Yes, vegetarians are covered!) will start after the service. Adults may join a bike ride or try a yoga, tai chi, or exercise class, while children enjoy batting cages, a cookie walk, face painting, races, and a train ride! A sign-up table for help and cookie donations will be on the patio in April. Plan now to bring your lawn chair or blanket and join us for our annual St. Paul's church in the park event!

## USHERS NEEDED

Dan Tremblay is looking for additions to the Sunday Morning Usher Crew. Please contact Dan at [daniel.tremblay@cox.net](mailto:daniel.tremblay@cox.net).

## UPWARD CONCESSION STAND

All youth grades 6-12 and their parents are encouraged to sign up for the Saturday Upward Concessions Stand. Funds raised at the concession stand support Youth in Mission projects like buying food and Christmas gifts for adopted families at the holidays and for summer mission trips. Contact Peggy Jo at (520) 870-6825 (call/text) to sign up!

## THE MENTAL HEALTH SUPPORT GROUP

provides a place to share problems, disappointments, and joys. We meet at 1:00 PM on Wednesdays in Room C1. For more information, call Virginia Shuman at 296-9398.

## ST. PAUL'S CYCLING GROUP

meets **Saturdays at 7:30 AM at the Starbucks on Broadway and Houghton.** Come out for coffee and a bicycle ride (maybe breakfast too)! For more information,

contact Chris Ruhl at 205-1225 or [chrisruhl@yahoo.com](mailto:chrisruhl@yahoo.com).

## UPCOMING HARP SUNDAYS

Would you like to hear music from our harpists in worship? Here's when they'll be with us: March 13, April 10 (Harp Choir), May 8, June 19 (Dr. Carrol McLaughlin will provide the message), July 17 (Harp Choir).

## ST. PAUL'S UMC SINGLES

Call Joan at 751-7663

**Saturday, March 5**—Dinner at Dry River Company Restaurant (800 N Kolb Rd.) at 5:30 PM & Movie after.

**Thursday, March 17**—Dinner at Viro's Italian (8301 E. 22nd St.) at 6:00 PM.

## UNITED METHODIST WOMEN

The United Methodist Women will be meeting on Tuesday, March 8, at 9:30 AM in the Life Center Covenant Room. A Lenten Program will be presented by the Prayer Groups. Lunch will be "The Famous St. Pauls' UMW **POTLUCK**". Bring your favorite dish. ALL are welcome, BRING A FRIEND.

## MEMORIAL RECEPTION HOSTESSES NEEDED

Would you like to experience the joy of comforting a grieving family by helping with an occasional memorial service reception? Call Betty Ott at 886-2276 and volunteer to help setup, bake cookies, clean up or serve punch and cookies.

**CAMP HOPE** is our conference camping program that serves persons who are cognitively impaired or developmentally disabled. We provide toiletry kits to our campers and are in need of travel size lotions (the size offered at hotels). There will be a donation box in the church office and also on the church patio on Sundays at the St. Patrick's Luncheon registration table. We are grateful for your wonderful support of our campers! Blessings, **Sandy Cannon, Camp Hope Program Director**