



# St. Paul's Epistle

St. Paul's United Methodist Church – Tucson, Arizona

## IT'S STILL NEWS!

At the end of this month I will join my mother in celebration of her 80<sup>th</sup> birthday. Like many of you I have spent most of my adult life far away from extended family. I have not been with them for many birthdays, and almost never for Thanksgiving, Christmas or Easter.

While this means we were never home for the holidays it remains a great gift. Ann and our children have experienced living in wildly diverse parts of the United States. Mississippi, Alaska and Arizona! We have come to find home warm and lovely wherever we are.

As I look at the congregation on Sunday morning I recognize a few of you who have lived here most of your lives while most of you are like me, travelers in a larger world. Wherever you have called home throughout your life, I pray that today you will think of St. Paul's United Methodist Church as the place where your heart resides.

**“We are called to be a community of generosity and love where we invite others to join us in**

**becoming disciples of Jesus Christ for the good of the world.”**

Called...for the good of the world!

Billy Still

## ALL ARE WELCOME AT THE TABLE

Beginning on World Communion Sunday, October 2, and continuing each first Sunday of the month, all children will be invited to participate in the sacrament of Holy Communion as a part of their Sunday school class experience at 9:30 & 11:00 AM.

Many people object, wondering how a child can fully understand what's taking place during this holy act. To this, I would explain that many times I don't understand what is taking place during this act. This is precisely why communion is often called "A Holy Mystery". The sacrament of Holy Communion is an act of grace, not dependent upon our understanding, but God's offering. Parents, please keep your eyes open for more information as to how you can talk to your children about communion. If you're not already a part of the children's ministry list serve (our primary method for communicating with parents), please contact Rev. Angie McCarty at [angie\\_mccarty@stpaulsumctucson.net](mailto:angie_mccarty@stpaulsumctucson.net).

St. Paul's Epistle is mailed the first Tuesday of the month by St. Paul's United Methodist Church, 8051 E. Broadway, Tucson, AZ 85710.

## CONFUSED OR SCARED BY THE BOOK OF REVELATION?

Have you avoided reading or studying

the last book of the Bible because some of it seems hard to understand or because someone told you that it isn't applicable to our lives today? Then join us for a look at the Book of Revelation as just what it claims to be: A final revelation from Jesus to His people. This study will cover all of Revelation along with related Old and New Testament scriptures, and will consist of 12 two-hour sessions from **6-8 PM** on Wednesday evenings from **September 14 through December 7**. There is no cost and childcare is available. Contact Walt and Elaine Roberts for additional information.

## INTERESTED IN STARTING A DRUM CIRCLE?

Are you interested in joining a drum circle at St. Paul's UMC? A drum circle is a group of people who join together to bring more joy to life, promote physical fitness, reduce stress and anxiety, stimulate brain health, enhance spirituality and build community and support. No musical experience necessary and drums will be provided. The circle will initially meet once a week, for one hour. We need a minimum of five "drummers" to start our group. If you are interested please mark your calendar for a Drum Circle meeting on Wednesday, September 7, at 4:00 PM, in the Life Center. The meeting will be to determine the interest level and the best time for a weekly meeting. If you work during that meeting time, we will hold a second meeting the same evening at 6:45 PM. For further information contact Rick Hornback at [520-909-9564](tel:520-909-9564) or [rgandjb@aol.com](mailto:rgandjb@aol.com)

## STRATEGIC TASK FORCES ARE MAKING A DIFFERENCE!

Did you know that St Paul's has 7 active task forces underway? Do you know the names of the task forces? Do you know the leaders of the task forces? If yes, outstanding! If not, here is the information:

- **Community Events** (Linda Jones, leader)
- **Adult Invitational Learning** (Angie McCarty, leader)
- **Developing Relationships between Parents and Children** (The Cipra family, leaders)
- **Developing Relationships among Men** (Jamie Harwick, leader)
- **A Welcoming Sunday Experience** (Sam McCarty, leader)
- **Welcome to and Integration into the Community** (Sue Rose, leader)
- **Stewardship Development** (Chris and Carla Ruhl, leaders)

Do you want to find out more information about the task forces? Are you interested in being involved in one of the task forces? If **YOUR** answer is yes, please feel free to contact Nancy Walter, Director of Leadership Development at 520-296-6149 or email her at [Leadership@stpaulsumctucson.net](mailto:Leadership@stpaulsumctucson.net). Watch for more updates in future bulletins and Epistles.

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## MARK YOUR CALENDARS: THE FOLLOWING CLASSES ARE COMING SOON

- **Introduction to Genesis:**  
Sunday evenings beginning October 2 and ending November 20. Time & location TBA.
  - **Creating a Meaningful Christmas:**  
Examining our Past, Present & Future. Wednesday nights beginning October 26 and concluding November 16. Time & location TBA.
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## INFANT/CHILD/ADULT CPR TRAINING TO BE HOSTED BY ST. PAUL'S

Mark your calendars for Saturday, October 8, from 3:30-5:30 PM if you are interested in being trained to appropriately offer CPR to someone in need. In coordination with Desert Fire CPR and First Aid Inc. we will learn the tools needed to offer life, quite literally, to others. Contact Angie McCarty at [angie\\_mccarty@stpaulsumctucson.net](mailto:angie_mccarty@stpaulsumctucson.net) to register. Cost: \$20/person.

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## SANCTUARY CHOIR MUSIC NEWS from Mike Scienti

Thank you for the warm welcome to the musical family at St. Paul's, and I hope that you also will be a part of this musical family. For all singers - whether returning to the choir after (the summer or perhaps an extended) vacation or maybe you're considering singing for the first time - I sincerely hope to meet you soon during our Open House Sundays. As part of my efforts to meet you and the rest of the talented singers of St. Paul's, I will be arranging for these open and informal singing Sundays **through today**. We will meet at **9:30 AM** in the music room (located across from the main entrance to the Sanctuary) and will be able to get to know each other better in a low-pressure, casual singing environment. If you feel comfortable doing so, I invite you to sing with us during the **11:00 AM** service following the rehearsal. It is my hope that you will love it, and "find your voice" with us in the Sanctuary Choir, and that you will decide to stay singing with us throughout the year - although these initial weeks are intended as a trial for you to see if you do, in fact, love it. In other musical news, keep your ears open for news on the Handbell Ensemble which will also be commencing soon. See you on Sunday for singing!

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The next *Epistle* deadline is Tuesday, September 27, at 10:00 AM. It will be mailed on Tuesday, October 4. Please submit all *Epistle* articles to Linda Kopp at [linda\\_kopp@stpaulsumctucson.net](mailto:linda_kopp@stpaulsumctucson.net).

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## UPWARD BASKETBALL AND CHEERLEADING FALL REGISTRATION

Upward basketball and cheerleading for boys and girls, kindergarten through 8<sup>th</sup> grade, will start the Fall session with evaluation week, beginning **September 6** through **September 9, from 5:00 PM to 6:30 PM each day**. First practice week will begin **September 26**. First game of the season will be **October 8**. Registration continues until **September 10**. As with every session of Upward Sports, volunteer coaches (basketball and cheerleading), referees, devotion leaders, life center monitors and snack bar operators are needed and welcomed. No volunteer will be turned away. There is work (fun) for everyone. The season will end the weekend of **December 10th and 11th** with an Awards Celebration Event. Additional information may be obtained by contacting the Director of Sports Ministries, Rick Hornback, at [rgandjb@aol.com](mailto:rgandjb@aol.com) or calling 520-909-9564. Spread the word!

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## SAVE THE DATE— ANNUAL SOUTH DISTRICT CHARGE CONFERENCE

This year the South District Churches are combining together for their Annual Charge Conferences. The event will be held on **Saturday, November 5, from 8:00 AM—3:30 PM at St. Paul's UMC**. There will be workshops and each church will hold their own Charge Conference. Watch for detailed information in the October Epistle and in the Sunday bulletins. All members of St. Paul's are encouraged to attend this important meeting.

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## "FINANCIAL PEACE UNIVERSITY" COMING IN THE SPRING!

The upcoming Financial Peace University class **has been postponed until the Spring**. Look for more information coming your way in **January, 2012** as you consider your New Year's resolutions.

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### THANK YOU...

...for your recent support, helping children and single moms who are less fortunate. On behalf of the employees and Board of TMM Family Services, we appreciate your \$2,000 contribution.  
~Don Strauch

... so much for your generous donation of school supplies. Our kids are so blessed by your support!  
~signed by 19 teachers at Schumaker School

...the entire staff of Robles Elementary School and Altar Valley Middle School would like to thank you again for your generous donation of school and home supplies. Without the generous hearts of friends like you it would be difficult to provide for some of our neediest students. Special thanks to Genita and Cheryl who spearhead the school supply drive and make the trip to Three Points to deliver them.  
~Mary Miller

...for your continued support through my second year of seminary. Your prayers, notes, and thoughts have truly meant a lot to me. I also want to thank you for your continued monetary donations to my education fund at the church, which were used to purchase ALL of my books last year and most of my books for the upcoming semester. I extend my deepest gratitude and love for the congregation of St. Paul's.  
~Peace, Jessica Goad

... to Sam Freeman and the exercise class for the generous donation that was made toward the St Paul's Preschool scholarship fund. With your assistance, we are currently helping 6 children who wouldn't have otherwise been able to attend our school. You are truly a blessing!

...so much for the generous donations of school supplies and the monetary donations. The schools depend on us more than ever to help them have enough supplies for their students. Billy said in his sermon on August 14, "God blesses us and God intends for our blessings to be given freely to the world." St. Paul's is very generous when we ask you to give to the needs of families, children and schools. Thank you for caring and giving freely.  
~Genita Salvagio and Cheryl Smith

...so much for organizing the supply drive at St. Paul's and taking such good care of our school. I am truly very appreciative of all you have done. Thanks for all the supplies. (included were 10 thank you cards handmade by students)  
~Warmly, Lisa McCorkle, Dietz Principal

### OUR SYMPATHY...

...to the family of Wilma Kingston on her death on August 19.

### THE MENTAL HEALTH SUPPORT GROUP

The Mental Health Support Group at St. Paul's UMC welcomes people who have friends or family members dealing with issues of mental illness as well as people who are dealing with their own problems. We would like to diminish the stigma and false information about mental illness. The group meets on **Wednesdays at 1:00 PM in Room C1**. Contact: Virginia Shuman (296-9398).

### PRESCHOOL OPENINGS FOR FALL

Preschool registration for Fall 2011 is ongoing! Call Sheri at 260-1350 to schedule a tour or for more information. Also, the preschool is establishing a scholarship fund to assist families who, without assistance, could not send their child to preschool. Tax-deductible donations can be left in the preschool mailbox in the church office, or mailed to the preschool.

### ST. PAUL'S UMC SINGLES

Call Joan at 751-7663

**Thursday, September 15** - Dinner at Sauce (5285 E. Broadway Blvd) at 6:00 PM.

**Saturday, October 1** - Dinner at Jason's Deli (5420 E. Broadway Blvd) at 5:30 PM and a movie after.

### KAIROS OUTSIDE

Do you know of someone who's been in prison or she's had a friend or loved one whose been in prison? Kairos Outside is a weekend for women, who've been in these circumstances, to experience God's love and mercy. A Kairos Outside Weekend will be held at St. Paul's, September 16-18. If you have any questions, please call Sandy Allen, 762-5379.

### BRIDGING FAITH & HEALTH

Please attend our meeting on **Saturday, September 17, at 10:00 AM** in the Library (C1). Your ideas are welcomed. Please call Faith Community Nurse (Parish Nurse), Elsie Dixon at 885-7174 for more information.

### MEN'S COFFEE FELLOWSHIP

Stop by the A-Frame on Saturday mornings anytime between 7 AM and 9 AM for free coffee and doughnuts. Feel free to stop in for a quick cup of coffee or stick around to visit with other men.

### ST. PAUL'S CYCLING GROUP

meets **Saturdays at 6:00 AM at the Starbucks on Broadway and Houghton**. Come out for coffee and a bicycle ride (maybe breakfast too)! For more information, contact Chris Ruhl at 205-1225 or [chrisruhl@yahoo.com](mailto:chrisruhl@yahoo.com).

### SALSA COOK OFF - YOUTH FUNDRAISER

Get your recipe cards ready - its time for the annual Youth Ministry Cook Off. You & your family can enjoy a Taco / Nacho Buffet, Music, Games, and Prizes for the chefs. **MORE** details are in the works . . . keep watching . . . the bulletin, webpage and Facebook!

## Youth News

### ACTIVITIES, PROGRAMS & RETREATS INFORMATION

#### CROSSROADS & JR. HIGH

#### SUNDAY SCHOOL

For Grades 6—8, **11:00 AM - Noon**, Shalom South, led by Betty Howard & Collin Layel. Join us for "Connect – living the Faith". Don't forget to bring your Bible – or see Collin for a Bible.

#### SENIOR HIGH SUNDAY SCHOOL

For grades 9—12, **11:00 AM - Noon**, in the Life Center Loft, led by Jamie Harwick. A youth chosen, in depth class, takes a deeper look into scripture, what it means to Live Courageously.

**WANTED: Second adult leader**

#### UMYF - GRADES 6 - 12

ALL YOUTH WELCOME! Sundays 12:30 – 2:30 PM, in the Life Center. Believer, searching, growing; it's all good! Come as you are to worship, eat lunch, pray, play a game or two and have fun connecting with peers as we discuss "Crazy Love" "Crazy, Relentless all powerful love." Bring your friends! For more information contact Peggy Jo at 520-870-6825 (cell/text) or spumcyouth@qwestoffice.net.

#### **SEPTEMBER -**

**11th Crazy Love 18th Crazy Love  
25th NO UMYF**

#### NEW - FriesDay - NEW

FRIESday 6:30 - 8:00 PM (1st & 3rd Friday) A Time to connect and grow in Christ for teens grades 6 - 12. This is a time for youth to be in conversation with other youth, to share in trials and triumphs, and to just enjoy time together. Call Peggy Jo for location!

**Jr. High** Friday, September 16

#### YOUTH IN MISSION (YiM)

All youth grades 6 – 12 are encouraged to plan and participate in a monthly mission activity – during the month of September by supporting 2 boys in Ghana through Compassion International (cost is \$76/month). If you would like to help plan for mission projects and/or offer mission opportunities please contact Peggy Jo cell/text (520) 870-6825 OR spumcyouth@qwestoffice.net.

Questions - Suggestions - Prayers - Concerns – Anything

Call 296-6149 ext. 16, Text 870-6825

## CONNECTING WITH YOUTH MINISTRIES

Who wouldn't want to be part of a team that slept on the floor, rode in a van with 13 teenagers on a hot summer day, or cleaned gum off the bottom of cafeteria tables all while sharing a passion for Christ. Please prayerfully consider if you are being called to be a part of this dynamic team – **YOUTH MINISTRIES**. Join us for a day and find out how rewarding and fun it can be to be **youthFULL!** You just may find that teens will inspire you just as much as you can inspire them! There are many areas that would benefit from your talents – prayer, mentors, small group leaders, sports, photography, mission projects, lunches, music, small groups, fund raising, administrative and so much more. Contact Peggy Jo at 870-6825 for more information.

## YOUTH RUMMAGE SALE

**Seven Months of Saving!** Storage available thanks to CoolBox - Donations are accepted year round for this spectacular youth fundraiser which funds the youth budget and mission activities. Please Call/Text Peggy Jo at 520-870-6825 to schedule a donation, pick up or with any questions. Thank you for your generous support!

## UNITED METHODIST WOMEN

The United Methodist Women will be meeting Tuesday, September 13, at 9:30 AM in the Brummet Hall East Room. Our program will be "Getting Acquainted" presented by Barbara Neubert, Jean Thomas-McClamroch and Mary Fuller. A catered lunch will be served. Bring a friend. "When God wants to bless you, He puts a person in your life".

## MOPS (MOTHERS OF PRESCHOOLERS)

Are you a mom that is overwhelmed or exhausted? Are you desperately in need of a recharge to your brain, emotions, and your spirit? St. Paul's MOPS (Mothers of Preschoolers) meet at 9:15 AM in the Covenant Room in the Life Center regularly the first and third Thursdays of the month. Come recharge with us!

## WELCOME NEW MEMBERS

**Donna Huebl** joined by Reaffirmation of Faith. Donna is retired and enjoys reading, knitting and playing the ukelele.

**Robin Jones** joined by Transfer from Another Denomination. Robin is an assistant manager who enjoys reading, swimming, counseling and women's ministries.

**Jeff Means** joined by Profession of Faith. Jeff is a cabinet maker and enjoys prospecting for gold, oil painting and the martial arts.

**Carlos & Mildred Page** joined by Transfer from Another UMC. Carlos is a retired pastor and a member of the West Michigan Conference. Mildred and Carlos like to read and travel.

**Cas & Devon Smith** joined by Reaffirmation of Faith. Cas is a Air Force pilot and Devon is a housewife. They are the parents of JC (7), Josh (5), Cadence (3), and Cayleigh (11 months). The Smiths enjoy outdoor activities and playing sports.

**Ella Juanita Wood** joined by Transfer from Another UMC. Juanita enjoys playing Bridge.

## ZUMBA and T'AI CHI CLASSES

Zumba classes meet Monday (Brummet Hall) and Thursday (Brummet Hall) at 5:45 PM and Saturday morning (Brummet Hall) at 8:30 AM.

T'ai Chi classes meet Thursday (A-Frame) at 4:00 PM for beginner level participants. For Beginning participants unable to attend the 4:00 PM class, Beginning participants/Intermediate level group meets at 5:30 PM. Both Zumba and T'ai Chi are continuously open for enrollment. If interested, or need more information contact Rick Hornback at 909-9564 or [rgandjb@aol.com](mailto:rgandjb@aol.com).

**Blood Pressure Clinic:  
Between services on  
Sunday, September 18,  
in Room C2.**

## YOGA TO BEGIN AGAIN AT ST. PAUL'S

Jacquelyn Rafferty, is offering 4-week hatha yoga sessions. Would you like to increase your flexibility, tone your muscles and improve your sense of well-being? Bring your yoga mat, a friend and a fun attitude. Cost is \$40 for the 4 week program.

All **evening classes** will be held in the **A-Frame**. **Morning classes** are in the **Life Center Shalom Room**. Please contact Jacquelyn at 991-6712 for more information. Hope you will join us.

**Tuesdays 6:00 PM:** September 6, 13, 20, & 27

**Wednesdays 9:30 AM & 6:00 PM:** September 7, 14, 21 & 28

## SAVVY SENIORS

### ▶▶ STRETCHING AND STRENGTHENING CLASS

We meet on Mondays, Wednesdays, and Fridays at 9:00 AM in the Life Center Activity Room. Our leader is Sam Freeman. A donation of \$1 per class is appreciated. The perimeter of the gym has a walking track so come early and walk – it's safe! New T-Shirts are available for \$11 each. **NOTE: THE CLASS WILL NOT MEET ON SEPTEMBER 7 OR 9.**

### ▶▶ ST. PAUL'S

### WATERCOLOR CLASS

Our class will begin meeting Monday, September 12, from 10:30 – 1:30 PM in the A – Frame. Bring your lunch or a snack. Please call Nancy Anderson

at 546-1533, or Laree Freeman at 749-3537 for more information.

### ▶▶ THE BELLES OF ST.

**PAUL'S** welcoming ladies, 50 years and older to join us for fun, food and wonderful fellowship ...

**Chapeaux Rojas** will be going to Feast Restaurant, 3917 E. Speedway (new location), Friday, September 16, at 1:00 PM. Contact Barbara at 296-9792.

**Desert Roses** will be going to the Al Bistro (Art Institute) on the northwest corner of Grant Road and Rosemont on Thursday, September 15 at 11:30 AM. Call Sandy at 298-1470 for reservations and information.

**Glad Hatters** will be going to Biscuits Country Café, 7026 E. Broadway on Friday, September 16 at 11:30 AM. Contact Trudy Stave at 777-8024.

**Sassy Sisters** will be meeting on Saturday, September 10 at noon. For more information, please contact Loraine at 885-6626.

### ▶▶ WEDNESDAY MORNING AT THE

**MOVIES WILL NOW BE SHOWN THE THIRD WEDNESDAY OF EVERY MONTH.** The movie for September will be "Flywheel." See you at 10:30 AM on Wednesday, September 21, in the Covenant Room. A donation of 25¢ for refreshments is appreciated.

▶▶ **BIBLE STUDY** The Bible Study Class meets Monday mornings in the Covenant Room at 10:30 AM. Lee Harter leads the class. ---

### ▶▶ ELDER CIRCLES:

These are held the 3<sup>rd</sup> Wednesday of every month at 10:30 AM (after Sam's class). The circle will be

held in Serendipity South. There are four components to the Elder Circles: life review, life repair, legacy and mentoring. All are welcome.

▶▶ **LAY CARE WORKSHOP:** On Wednesday, September 14, at 10:45 AM in Brummet Hall, Sue Lemmon from the Pima Council on Aging will present a workshop on Medicare and Tele-Marketing Fraud. A lunch will be served after the workshop. Please call the office at 296-6149 and let them know that you plan on attending. Be sure to leave your phone number with the office staff.

▶▶ **FLU SHOT CLINIC FOR 2011:** The **FLU SHOT CLINIC** will be held on **Wednesday, October 5, from 10:00 AM – 1:00 PM in Brummet Hall.**

▶▶ **HIKE FOR SEPTEMBER:** On Wednesday, September 28, we will hike the Meadow and Lemmon Trails at the very top of Mt. Lemmon. This is a beautiful hike through a lovely meadow and very old forest growth. Much of this hike is at an elevation in excess of 9,000 feet, so be prepared for thin air. Bring a liter of water and a snack. We will leave from the parking lot by Brummet Hall promptly at 8:00 AM. Please call the church office at 296-6149 to register and be sure to leave your phone number with the office staff.