

St. Paul's Epistle

St. Paul's United Methodist Church – Tucson, Arizona



IT'S STILL NEWS!

Janessa's Gems!

It's odd to be looking towards October already, which will mark three months at St. Paul's for me! I was so blessed when I arrived by all of your cards, gifts, invitations to dinner, and prayers. I continue to be blessed by all of the ways you still welcome and support me. There are not enough ways to say thank you. I'm really looking forward to that perfect winter that you all keep promising me!

October is going to be a very full month in the life of the church. We have Halloween Daze, a new book group, and many ongoing ministries. Billy, upon his return from Italy, will also be starting a new sermon series:

A Quest for Meaning

None of us want to go through life, wandering day to day without direction or purpose. I believe that our faith provides a sense of purpose for every person, every day. Join us in worship at St Paul's United Methodist Church where we will join together

in our Quest for Meaning!

We will be so excited to have him back and will surely benefit from all the wisdom a month of renewal can bring. Throughout this series, we will be encouraging all of you to pray about embracing the spiritual discipline of giving. You will receive mailings and messages about making giving to St Paul's part of a financial plan. It's important to explore how we can use all of our gifts and blessings to further the work of our faith community. I look forward to continuing to worship with all of you as we explore the new ways we can live out our mission: "We are called to be a community of generosity and love where we invite others to join us in becoming disciples of Jesus Christ for the good of the world."

Janessa Chastain

HOLIDAY FOOD BOXES SIGN UP ON SUNDAY, OCTOBER 20

We are going to provide food boxes for the families

of Henry, Robles, and Dietz Elementary Schools and our own church families who might need help at Thanksgiving and Christmas. **There will be a sign up table on the patio on Sunday October 20.** We would like to be able to help at least 30 families and possibly more. You will receive all of the information at the sign up table concerning what should be in the food boxes and the dates that we will deliver before each holiday. For questions or if you would like to sign up early, contact Genita Salvagio at mgsalv@comcast.net or Cheryl Smith at spmike69@msn.com.

NEW BOOK STUDY STARTING!

Pastor Janessa will be leading a new book study in October using Rachel Held Evans' *A Year of Biblical Womanhood: How a Liberated Woman Found Herself Sitting on Her Roof, Covering Her Head, and Calling Her Husband "Master."* In this book, Evans writes about her year long attempt to follow the Bible's instructions for women as literally as possible. This study will be a chance to examine hows and whys of 'Christian' living and gives a rich view of the ways the women throughout history have

understood Biblical commands. Please join us on **Thursday at 6pm starting on Oct 3, or on Tuesdays at 9:30 am beginning Oct 1.** Childcare will be provided.

VANS FOR SALE

The Trustees have approved the sale of the two church vans. Each van is a Dodge Ram 3500 with a 15 passenger capacity, dual a/c, very good interior and other optional equipment. One is a 2001 with 84k miles and the other is a 2002 with 95k. Both are mechanically in very good shape. The decision to sell was made for two reasons. We have had some problems with the vans over the years blowing tires. This could be due to numerous reasons but the bottom line is that the vans are mostly sitting in the church parking lot and not being used as much as planned. If interested, please contact Shelia Sanford at 529-0451 for information on equipment and prices.

BIG FIX NOW FINISHED!

The Trustees are happy to report that the Big Fix is completed. Brummet Hall has new A/C-Heating units and hot water heater, all electric to take advantage of the solar power. The building has three zones that can work together or independently. The units have been made as safe as possible with iron fencing, cameras and lighting.

SPORTS MINISTRY

ZUMBA CLASS DAYS —

Classes are offered on Monday and Thursday evenings, at 6:00 PM, and Saturday mornings, at 8:30 AM. Additionally, a second Zumba class called Zumba Sentao (using a chair) is being offered on Saturday mornings from 9:30 to 10:30 a.m. Zumba is held in Brummet Hall, but class location could change due to other campus activities. Cost is \$6.00 per session, or you can buy a Zumba Card (10 sessions) for \$45.00. No prior registration required.

ST. PAUL'S CYCLING GROUP meets Saturdays at the Starbucks on Broadway and Houghton. Come out for coffee and a bicycle ride (maybe breakfast too)!

YOGA AT ST. PAUL'S

Jacquelyn Rafferty, is offering hatha yoga sessions. Bring your yoga mat, a friend and a fun attitude. Cost is \$10 per class. Please contact Jacquelyn at 991-6712 for more information. Hope you will join us on **Tuesday nights at 6:00 PM in the A-Frame.**

Next Sessions:

October 1, 8, 15, 22, 29 - November 5, 12, 19, 26 - December 3, 10, 17

UPWARD SPORTS

Upward basketball and cheerleading for boys and girls, Kindergarten through 6th grade, has started. Our biggest need is coaches and referees but there are numerous opportunities available at Upward Basketball and Cheerleading. The Snack Bar staff (primarily three in number) work every Saturday to ensure the snack bar is up and running. All monies earned at the snack bar go back into Upward for scholarships, trophies and additional supplies for the snack bar. Are you moved to volunteer one week in the snack bar? Starbucks (22nd and

Harrison) provides Upward with pastries each Saturday to help raise money for Upward, so would you consider donating some pastries or other treats to be offered during game day? Maybe you would offer to run the time clock/scoreboard during Upward games? Or just maybe you would like to show up on game day and cheer for the youth during their games? Open your heart, hear God's calling, come be a part of Upward Basketball and Cheerleading. You won't regret it. Additional information may be obtained by contacting the church office at 296-6149

NEW CHURCH OFFICE HOURS

The office will be closed on **September 2nd for Labor Day.** Beginning September 3rd the church office will have new hours. **The office will be open 8:00 am to 3:00 pm Monday through Thursday and closed on Friday.** The gates will not open until 9:00 am, however, if assistance is needed prior to that time, visitors may ring the buzzer located on the gate and someone will come out to help you.

5TH SUNDAY OFFERING

On **September 29**, we will honor a long standing St. Paul's United Methodist Church tradition by receiving a **special 5th Sunday offering.** Four times each year, when there are 5 Sundays in the month, we receive an offering that goes to fund a particular mission interest. This month's special offering will go to a mission to be determined. Watch the Sunday bulletins for more information. Just place this additional gift in the offering plate clearly marked "5th Sunday".

PANCAKE BREAKFAST

Boy Scout Troop 129 is sponsoring a pancake breakfast on Sunday, October 6, 2013 from 8:30-11:00 AM in Brummet Hall. Cost is \$5.00 per person with a family maximum of \$20.00. Breakfast includes: 2 big pancakes, 2 sausage links or 2 strips of bacon, fruit, coffee or juice. Advance tickets will be available for purchase each Sunday during September at the coffee & donut

table hosted by the Scouts. Tickets will also be available at the door the morning of the breakfast. For more information, contact Tracey Smalling, Troop 129 Committee Chair at 349-0987.

REMINDERS AND NOTICES

- Remember to turn in your devotions for St. Paul's Devotional. Samples of what we are looking for can be viewed in the Church office.
- CPR/AED refresher class will be held Saturday, October 5 at 1:00 PM in the Life Center. Ushers, program staff, office staff, and Sunday School teachers are encouraged to attend this one hour class. The cost is \$10/person. **It is only for those who have been certified in the past.** Contact Nancy Scott at 296-6149 if you are interested..

OUR SYMPATHY

. . to Karen Gutierrez on the death of her father, Gene Chappleman on August 22.

NEEDED FOR HALLOWEEN DAZE

Please save two or three pound margarine containers for Halloween Daze. Coffee cans would work too. Anything that can be spray painted to hold pennies. The items are needed before October 23. Thanks!

MARK YOUR CALENDARS!

Positive Aging Conference For Women will be Thursday, October 10, 9:00 AM to 2:00 P.M. at St. Paul's UMC. Great speakers, delicious lunch, exhibitors, and fun for seniors! Sponsored by TMC's Senior Services, Pima Council on Aging and St. Paul's Senior Adult Ministries. Brochures are available on the church patio between

services on Sundays and in the church office during the week. Questions: Call Sandy Cannon at 298-1470 or Melissa Morgan at 886-4681.

Youth News ACTIVITIES, PROGRAMS & RETREATS INFORMATION

CROSSROADS & JR. HIGH SUNDAY SCHOOL

For Grades 6—8, **11:00 AM - Noon**, Shalom South, led by Betty Howard & Claire Bothwell. Join us to get connected to God's Word with an in-depth study of Christian life, encouraging us to get with God and engage in a life-changing encounter with Scripture. Remember to bring your Bible. If you don't have one we will provide you with one.

SENIOR HIGH SUNDAY SCHOOL

For grades 9—12, **11:00 AM - Noon**, in the Life Center Loft. Led by Dennis & Susan Krantz. A youth empowering in-depth class that takes you on a journey looking deeper into scripture and what it means to live courageously as a Christian teen.

UNITED METHODIST YOUTH FELLOWSHIP (UMYF) YOUTH GROUP

All youth grades 6-12 are welcome. Sundays from **12:30 -2:30 PM** in the Life Center. Led by Michael C. DeSchalit and his awesome team of Youth Workers. We start gathering at Noon for some basketball or other games and then enjoy a great lunch. After we eat, we get together in the Loft for some fellowship and to talk about topics that concern today's Christian youth.

YOUTH NEWS THAT YOU CAN USE...

School is in full swing now for all districts and the youth group held their annual "Kick-Off". We had almost 50 students and parents in attendance to register or in some cases re-register their kids in our

fabulous UMYF program. We even had four new registrants prior to the meeting and I know of about 8 more that will be returning but due to time commitments couldn't be present at the kick-off. So, in summary, our youth group is continuing to grow and serve the youth of our church.

If you happen to know a young person who is in grades 6 – 9th, please help us spread the word about our great youth program at St. Paul's. We have lots of fun and educational activities planned for the year and if you would like more information about what we do or how you can get involved, please feel free to contact me, Michael DeSchalit, at 270-0183 or via e-mail at youth@stpaulsumctucson.net.

STRATEGIC TASK FORCE HIGHLIGHTS Contact: Nancy Scott -

leadership@stpaulsumctucson.net or 520.296.6149

September 5th Sunday Offering

Our 5th Sunday (9/29) offering will purchase meals to feed the hungry in Tucson. St. Paul's will be partnering again with Outreach Inc. to host a bigger and better **Pack-a-Thon** on Sunday, December 29. Please mark your calendar! Our goal (which is double from last year) is to raise \$10,000 which will allow us to purchase and package 40,000 meals (each meal costs \$.25).

Together we will serve vulnerable adults and children in Tucson.

Thanksgiving Dinner at St. Paul's: Can you believe that the holiday season is upon us? Our annual St. Paul's Thanksgiving Dinner will be held on **Sunday, November 24 at 12:00 noon in the Life Center**. We will be asking for food donations, including cooked turkeys, as well as volunteers to help serve. **A Thanksgiving Dinner sign up table for food donations and**

volunteering (at the event) will be available beginning Sunday, November 3. Billie DeSchalit and Nancy Scott will be coordinating this event.

UPCOMING EVENTS AT ST. PAUL'S

--Sunday, September

29: Welcoming Guides for New Members Training: Brummet Hall after each service (Sponsor: Welcoming and Community Integration Task Force)

--Sundays in October: Coffee

Table: (Sponsor: Kairos Inside)

--Sunday, October 27: Third Annual Halloween Daze: Life Center from 4:00 PM to 7:00

PM (Sponsor: Community Events Task Force)

--Sunday, November

10: Commitment Card Sunday:

All Services (Sponsor: Stewardship Development Task Force)

--Sunday, December 29: St. Paul's UMC 40,000 Meal Pack-a-Thon: Life Center after the 10:30 AM worship service.

UPDATES

STEWARSHIP

DEVELOPMENT: (Chair: Rich Revis) The 2014 Stewardship Campaign official "Kick-Off" is planned for Sunday, October 13 with Commitment Card Sunday planned for November 10. The Task Force is actively planning for this important campaign to the life of our church and our community. We pray that you will now begin to consider your level of participation which directly links to how St. Paul's UMC lives its mission. Please watch for future mailings and bulletin updates regarding our campaign. **Please mark your calendar for Commitment Card Sunday on November 10.**

WELCOMING AND COMMUNITY

INTEGRATION: (Chair: Debbie Spohn) Training for **Welcoming Guides for New Members** will be held on the last Sunday of September.

The purpose of this initiative is to help our new members and constituents feel part of our community immediately. Our plan is to partner each new individual/family with a current SPUMC member who will help them by answering questions, introducing them to others, encouraging them, etc. Please consider this ministry which is the next step in creating an even more welcoming community.

COMMUNITY EVENTS: (Chair: Linda Jones)

The 3RD Annual Halloween Daze will take place on Sunday, October 27 from 4:00 PM to 7:00 PM. All ages are welcome! Costumes are encouraged, but not required. There will be games, food (meals only \$1 each) and trick or treating. Please join us for an evening of fellowship!

--Consider making a

donation: 1.) wrapped candy; 2.) children's books; and, 3.) cans of frosting. Please deliver to the Welcome Table on Sunday mornings.

--Consider

volunteering: 1.) Trunk or Treat: Volunteers decorate their vehicle trunks and hand out candy in our parking lot. We still have room for you! Prizes will be awarded to the vehicle(s) with the most votes. 2.) Game Coordinators: We are looking for individuals or groups to "run" games for the children. 3.) Door Decorator/Candy Distributor: Doors on the small

rooms in the Life Center will be decorated for trick or treating purposes. We are looking for groups or individuals to decorate the doors and hand out candy.

Please contact Linda Jones (548-3837) to volunteer, make donations and/or make suggestions.

St. Paul's UMC 40,000 Meal Pack-a-Thon

We have been able to secure December 29 for our Meal Pack-a-Thon with our partner

Outreach Inc. The even better news is we are communicating this much earlier than last year which allows us to double our goal! We listened to your feedback.....you wanted to pack more meals and so we will.....**40,000 meals!** We are also changing the meal from rice and beans to **macaroni and cheese;** the top meal domestically. **All meals will stay in Tucson,** allowing us to help many of our local partners that feed hungry adults and children in Tucson. **There are many volunteer opportunities; please contact Nancy Scott.**

COFFEE TABLE: Thank you to **The Boy Scouts** for handling the coffee table in September. **We will soon be scheduling the coffee table coverage for 2014; if you know what month your group wants, please contact Nancy Scott.** Thank you to all groups who volunteered for this important fellowship ministry. Praise God!

SAVVY SENIORS

►►POSITIVE AGING FOR WOMEN

MARK YOUR CALENDARS! Positive Aging Conference For Women will be Thursday, October 10, 9:00 AM to

2:00 P.M. at St. Paul's UMC. Great speakers, delicious lunch, exhibitors, and fun! Questions: Call Sandy Cannon at 298-1470 or Melissa Morgan at 886-4681.

►►STRETCHING AND STRENGTHENING

CLASS We meet on Mondays, Wednesdays, and Fridays at 9:00 AM in the Life Center Activity Room. Our leader is Sam Freeman. A donation of \$1 per class is appreciated.

►►THE BELLES OF ST.

PAUL'S welcoming ladies 50 years and older to join us for fun, food and fellowship.

Chapeaux Rojas will meet Friday, October 18 at 1:00 p.m. at a location to be announced. Call Barbara at 296-9792 for details.

Desert Roses will be going to the Positive Aging for Women Conference on Thursday, October 10 at 9:00 a.m. Contact Sandy at 298-1470. Theater plans for later in October will be announced soon.

Glad Hatters will meet on Friday, October 18 at 11:30 a.m. at a location to be announced. Contact Betty at 886-2276 for more information.

►►BIBLE STUDY meets on Mondays at 10:30 AM in the Covenant Room. Leader: Gene Kern.

►►BLOOD PRESSURE

CLINIC, run by our Parish Nurses, is offered the 3rd Sunday of the month from 9:00—9:30 a.m. and 10:30—11:00 a.m. in Brummet Hall.

►►WATERCOLOR

CLASS meets on Mondays at 10:30 a.m. in the "A" frame. Call Mayre Miller at 298-3690 for more information.

►►WEDNESDAY MORNING MOVIE

Our movie for October is "**42**". This is the true story of Jackie Robinson, the first African-American to play baseball in the white major leagues. This is a film that follows and realistically depicts the awful challenges that Robinson faced as he joined the Brooklyn Dodgers. While it is a story of triumph and courage, it is

not an easy film to watch, but it is a film that every American should see. Wed. October 16th at 10:20 AM in the Covenant Room. 25 cents for drinks and popcorn.

VOLUNTEER OPPORTUNITIES AT ST. PAUL'S

❖ Villa Maria Care Center:

Anyone interested in helping provide a worship service for the residents of Villa Maria Care Center the 4th Thursday of every month can call Betty Ott at 886-2276, Sandy Cannon at 298-1470, or Jim Moffett at 954-2884.

❖ St. Paul's provides both a Telecare Ministry and a Friendly Visitors Ministry. Both of these services provide care and fellowship for home-bound, or residential care members of St. Paul's. For information on either ministry, call Jim Moffett at St. Paul's.

❖ Once a week at 10:00 AM, volunteers provide a Bible study class at 100 Palms Care Facility, across Broadway from St. Paul's. Contact Betty Ott for more information.

❖ If you would be willing to tutor a child in reading, call Jim Moffett at 954-2884. This program is sponsored by the local Oasis organization. See the articles under *September Lay Care Workshop and Love of Reading* for more information on Oasis—an organization for senior adults.

❖ **Volunteer drivers** are needed to take the monthly **Epistle** to the post office when our regular drivers are not available (training provided). We also need **volunteers to help with the Epistle mailing preparation** just once a month! Try it, it's fun and you get to meet other nice people! Please call 296-6149 if you are interested. Thank you!

❖ We are looking for a volunteer to take over the **part-time leadership of the Mental Health Group**. This is a very important group in St. Paul's Health Ministry. As a part-time leader, you would be responsible for leading the group two Wednesdays of the month, or three if there happens to be five Wednesdays in the month. If you are interested, please contact

Jim Moffett.

UNITED METHODIST WOMEN

The United Methodist Women will meet on Tuesday, Oct 8, at 9:30 in Brummet Hall. Guest speaker Monica Durand will present a program on "Aviva Children Services". Lunch will be provided by Estralita Circle. For further information, please contact Barbara Neubert at 296-9792

PLEASE FILL OUT ALL THE INFORMATION!

Hi! I'm Tamara Swerline, the new Membership Secretary. It will be helpful to me if everyone will fill out the Attendance Registration by printing their names, mailing address, email address and all the information as specifically pertinent to their household. It will assist me in getting the database updated. Thank you for your assistance.

ST. PAUL'S SINGLES

Sunday, September 29—Pops in the Park 5:30 p.m. at Reid Park. Bring your own chair, dinner and drink.

Saturday, October 5—Culver's at Broadway and Prudence; dinner followed by a movie beginning at 5:30 p.m.

Monday, October 21—Pei Wei, 8285 E. Broadway for dinner and a movie beginning at 5:30 p.m.

St. Paul's Epistle is mailed the fourth Tuesday of the month by St. Paul's United Methodist Church, 8051 E. Broadway, Tucson, AZ 85710.

The next *Epistle* deadline is Thursday, October 10, at

5:00 PM. It will be mailed
on Tuesday, October 22.

Please submit all *Epistle*
articles to Leslie Daniels at

lbd0714@msn.com